

EASTERN BAYS FITNESS & PHYSIOTHERAPY



WE ARE COMPLETELY OPEN NOW!

A great big thank you to the East City Community Trust, Fitness Centre staff and most importantly all our former & current fitness centre users & members.

Thank you all so much for your patience & perseverance this past year.

We are now completely open for memberships, from casual daily rates and concession passes right up to yearly memberships.

We have been lucky to keep the same fantastic staff members and trainers, whilst also working on several other areas including:

- Expanded Opening hours – Mon – Fri 5.30am – 7.30pm, Sat 7.00am – 12.00pm
- New membership categories & prices (from casual to concession passes & annual memberships)
- Sprucing up the gym and equipment over this year, starting with 2 new treadmills
- Clean up of front desk area
- New software systems to make life easier for all, including an online app for members
- Key tag swipe check in system
- Kohimarama Physiotherapy located at Eastridge will now also be located within our fitness centre (upstairs).
- NEW PHONE NUMBER – 979 5108**

Expect several updates in the short term via email, phone calls, social media and flyers.

Our aim is to provide an excellent community based fitness centre that focuses on providing a great facility for the Eastern Bays local community.

We will announce the survey winners of free memberships on Tuesday 2nd Feb via our Facebook page.

Please come in to see us & get your new membership!

Eastern Bays Fitness & Physiotherapy Team

